

Nutrition Facts

30 servings per container

Serving Size: 1 Scoop (about 31g)

Amount per Serving

Calories 125

% Daily Value*

Total Fat 2g 3%

Saturated Fat 0.5g 3%

Trans Fat 0g

Cholesterol 55mg 18%

Sodium 70mg 3%

Total Carbohydrate 3g 1%

Dietary Fiber 0g 0%

Total Sugars 2g

Includes 0g Added Sugars

Protein 25 g 50%

Calcium 150mg 10%

Iron 0.5mg 2%

Potassium 62mg 2%

Not a significant source of Vitamin D.

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Whey Protein Blend (Whey Protein Concentrate, Whey Protein Isolate, Whey Peptides), Natural Flavors, Stevia, Sodium Chloride.

Contains Milk

Notice: Use this product as a food supplement only. Do not use for weight reduction.